



Los Angeles County Affiliate
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310-575-3011, Helpline 1-877 GO KOMEN, www.komenlacounty.org

Announcing the 2017-2018 Komen Grant Recipients

***Patient Navigation Services:** These programs provide patient advocacy, navigation, and coordinated referral services throughout the entire continuum of care.*

St. John's Well Child Family Center: (323) 541-1600

Felix Tunador – ftunador@wellchild.org

St. John's Well Child and Family Center is an independent non-profit community health center. The mission is to eliminate health disparities and foster community well-being by providing and promoting the highest quality care in South Los Angeles. St. John's Well Child and Family Center will be a leader, catalyst, and model for the best care; long-term community health improvements; and sustainable, health-enhancing systems and structures in Los Angeles.

The program will implement the Breast Health Patient Navigation Project (BHPNP) that will serve low-income African American women and low-income women. Key activities include patient advocacy, navigation, and coordinated referral services throughout the entire continuum of care. Outcomes include an increase in the percentage of women who enter, stay in, or progress through the continuum of care, and reduce time from diagnostic finding to treatment.

Orange County Asian and Pacific Islander Community Alliance: (714) 636-9095

Mary Ann Foo - mafoo@ocapica.org

The Orange County Asian and Pacific Islander Community Alliance (OCAPICA) is dedicated to enhancing the health, and social and economic well-being of Asians and Pacific Islanders in Orange County, California.

OCAPICA's Thai Women's Health Project will serve low income, underserved Thai women with patient navigation services to improve their access to breast health and breast cancer treatment services . OCAPICA has a highly trained bicultural, bilingual patient navigator who will provide services across the cancer continuum of care model including breaking down the cultural barriers to seeking and adhering to screening and treatment, medical interpreting, transportation, health education and information, medication management, understanding screening procedures, compliance with treatment and follow up care, and improved patient-provider communication.

***Social Support Services:** These programs provide psychosocial support and/or other assistance for breast cancer patients, survivors, their families, or caregivers.*

PALS for Health: (213) 553-1818

Mireya Muñoz - mireyam@palsforhealth.org

PALS for Health has been providing a comprehensive approach to improving health care access for limited-English proficient (LEP) individuals in Southern California since 1993. The mission is to improve

Breast cancer knows no boundaries - be it age, gender, socio-economic status or geographic location.



the health care system's understanding and support of LEP patients and families; to increase its capacity to provide quality interpretation/translation services; and to inform LEP patients and families of their right to these services and how to access them.

PALS for Health introduces Project Language Access for Support in Treatment (Project LAST), to provide supportive services to Latina and API women facing language barriers to care. Project LAST will provide face-to-face medical interpretation during breast health care intake services, medical treatment appointments, and in support groups. The project addresses the large population of LA County residents who are limited English proficient (LEP), a known barrier to medical care.

The overarching goal of Project LAST is to increase supportive services for the target population (patients, survivors, their family members, and caregivers) by enhancing the capacity of breast care providers to deliver services in a culturally and linguistically appropriate manner. Languages served include Arabic, Armenian, Chinese Cantonese, Mandarin, Teo-Chew, Taiwanese, Farsi, Japanese, Cambodian, Korean, Russian, Spanish, Tagalog, Thai and Vietnamese.

City of Hope: (626) 471-7100

Lily L. Lai – llai@coh.org

City of Hope is dedicated to making a difference in the lives of people with cancer, diabetes and other serious illnesses. The mission is to transform the future of health care by turning science into practical benefit, hope into reality. This is accomplished by providing outstanding care, conducting innovative research and offering vital education programs focused on eliminating these disease. City of Hope continues to be a pioneer of patient centered care and remains committed to its tradition of exceptional care for patients, families, and communities.

The City of Hope will serve medically underinsured, low-income women with breast cancer. The proposed project will provide women with breast cancer who undergo surgical treatment to have access to high quality, perioperative rehabilitation services to ensure return to preoperative function, to decrease risk of lymphedema, and to manage lymphedema if needed. The key activity provided will be telehealth perioperative rehabilitation sessions with an occupational therapist specializing in post-breast surgery rehabilitation.

Women of Color: (310) 330-5140

Isis Pickens – ipickens@woc4you.org

The Mission of Women of Color Breast Cancer Survivors' support Project (WOC) is to provide emotional support and crisis intervention for women of color breast cancer survivors and their significant others; to educate on breast health knowledge and knowledge of early detection methods both locally and nationally; to effect public policy and social change regarding breast cancer health awareness, including supporting culturally sensitive research.

Women of Color aims to increase access to mental health services for African American Breast Cancer Survivors (AABCS) by offering culturally responsive therapies such as counseling, mindfulness, meditation, and innovative group therapies. The program will also aim to reduce stigma in AABC communities by

Three simple steps to early detection are regular mammograms, clinical exams and breast self-exams.



presenting mental health assessment resources to leaders serving AABCS. Women of Color will improve AABCS ability to cope with psychological challenges, supporting mental health in survivorship, assist AABCS in self-care approaches to improving QOL, and increase community organizations' ability to assess and effectively respond to AABCS' mental needs.

Cancer Support Community-Los Angeles: (310) 314-2653

Anne Johnson - ajohnson@cancersupportla.org

To improve access to psychosocial care, eliminate health disparities, and improve quality of life, Cancer Support Community-Los Angeles will provide 2 weekly Spanish-language breast cancer support groups (daytime and evening) at White Memorial Medical Center for primarily monolingual Spanish-speaking Latinas with any stage of breast cancer and their families who are low-incomes or are underinsured. Each 2 hr. group will be led by a Latina Spanish-speaking licensed therapist; one group will incorporate stress management techniques. The goal of this culturally and linguistically sensitive program is to empower participants to take an active role in their physical and emotional recovery from breast cancer.

Black Women for Wellness: (323) 290-5955

Willie Duncan – willie@bwwla.com

Black Women for Wellness (BWW) believes in the strength and wisdom of communities and allies by developing personal power.

BWW will focus on providing support services to Black women. The key activities will be art as a healing tool, journaling, next steps mentoring, and a comprehensive resource guide. Expected changes will be coping skills (emotional/stress) and the opportunity for increase survival rates measured through evaluation surveys and any self-reported health improvements.

Project Angel Food: (323) 845-1800

Robert Boller – rboller@angelfood.org

As one of the most effective grassroots non-profit agencies in the nation, Project Angel Food cooks and delivers over 500,000 nutritious meals each year, free of charge, to the homes of men, women, and children affected by life-threatening illnesses.

Project Angel Food is a nutritional lifeline to individuals diagnosed with breast cancer who are unable to afford healthy meals due to housing and medical care expenses. The National Cancer Institute recognizes the importance of treating weight loss caused by cancer and its treatments. Healthy eating habits help maintain body weight and strength, keep body tissue healthy and fight off infection. Key project activities include the preparation and delivery of medically tailored meals, along with nutritional counseling conducted by our registered dietitians – starting with an initial assessment at the time of client enrollment in the service, followed by routine check-ins to monitor progress every 3 to 4 months.

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Olive View UCLA Medical Center: (818) 364-4256

Yvette Cardenas – ycardenas@mednet.ucla.edu

Olive View UCLA Medical Center is an acute care hospital that serves the San Fernando, Santa Clarita, and Antelope Valleys. The hospital provides a full range of medical-surgical inpatient and outpatient services.

This proposal will create a new model of care for our Spanish-speaking patients. The new Thriving Through Integrative Oncology Program has three components: 1) a part-time Support Service Coordinator to coordinate and market the program, 2) a series of support groups that incorporate psychological, spiritual, artistic, and mind-body healing modalities for Latina patients and caregivers affected by a breast cancer diagnosis, and 3) a program evaluation. The patient centered approach embraces the patient's beliefs and cultural norms and addresses distress.

Herald Cancer Association: (626) 286-2600

Alice Loh – alicelo@cchcla.org

Herald Cancer Association (HCA) aims to fight against cancer by raising cancer awareness through public education, increasing survival rate of cancer patients through early detection and prevention programs, and helping Chinese American cancer patients and their families with proper guidance and support groups to improve their quality of life.

HCA will implement the "Walking with You" project to address specific needs among Chinese American breast cancer patients and survivors in their fight against the disease. The three components of "Walking with You" will work to meet the needs by offering one-on-one sessions with HCA Senior Director, a two-time breast cancer survivor with close to 30 years of experience helping immigrant Chinese breast cancer patients. HCA will also conduct monthly support groups to provide psychological support and have designated staff to provide language service to Chinese breast cancer client to link them with government or community resources.

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